

**WOHC 2017** 

# HAWAIII

September 13-16, 2017 Wailea Marriott, Maui

#### PROVIDED BY:

Western Occupational & Environmental Medical Association

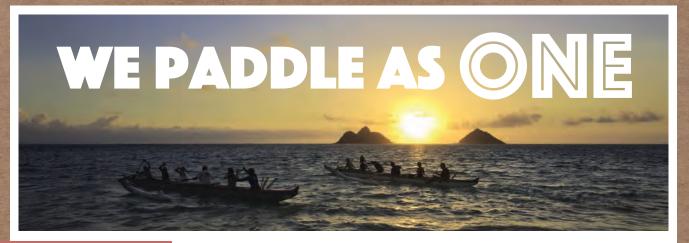


**LEADERSHIP** 

SERVICE

**EDUCATION** 





## **ALOHA**

Hawaii is defined by its passionate and gracious people, who are also highly effective. How appropriate for WOHC to return to the islands for this descriptor captures the essence of our western component to ACOEM as well. The Polynesians sailed around the world utilizing ancient navigation techniques, but it took a village to make the voyage successful. OEM professionals are positioned to navigate the health care world of 2017 and beyond with our focus on functionality, prevention, the environment, and the well-being of our communities. We paddle as one: we are the village who can complete the journey and deliver the outcomes.

WOHC 2017 offers clinical sessions that cover the broad spectrum of OEM, presented with a heightened emphasis on meaningful adult education: fast-paced, focused, cutting-edge, and practical. There are multiple opportunities for enriching one's practice as well as personal well-being. Our goal is to foster rejuvenation of mind, body, and soul. The conference is designed to inspire positive change in 2017 and the years to come.

I am humbled and honored to serve as your chair, as I did in 2013. I speak for our planning committee of 32 WOEMA members when I say that we look forward to seeing you in Hawaii!

Me ke aloha pumehana,



Bernyce Peplowski, DO, MS, FACOEM WOHC 2017 Conference Chair

## **OUR MISSION**

The educational mission of the Western Occupational & Environmental Medical Association (WOEMA) is to change the way our constituents practice medicine such that the health and well-being of their patients improve. Specifically, WOEMA seeks to prevent occupational illness and injury and expedite patient recovery time from injury. Our continuing medical education (CME) programs strive to improve our learners' clinical decision-making skills in order to improve overall worker health. The WOEMA Board of Directors and the Committee on Education of WOEMA believe that CME is the pathway to achieving the Association's mission. Our intention is to provide CME that is timely, dynamic, engaging, and accessible in order to support and inspire life-long learning.

#### **CONFERENCE FACULTY**

- Christopher Bayne, MD
- Chris Brigham, MD, FACOEM
- Kevin Burnham, MD
- Jeanette Connelly, PharmD
- Lorne Direnfeld, MD, FRCP(C)
- Britten Featherston, PharmD
- Steve Feinberg, MD, MPH
- Stephen Frangos, MD, MPH, FACOEM
- Constantine Gean, MD, MBA, MS, FACOEM
- Mark Gibson, MD
- Robert Goldberg, MD, FACOEM

- Barbara Hernandez, PhD
- Mark H. Hyman, MD, FIAIME, FACP
- Sarah Janssen, MD, MPH, PhD, MS
- Charles Kelley, MD, MPH
- Steve Levit, MD
- Scott Levy, MD, MPH, FACOEM
- Ray Meister, MD, MPH
- Olivia Moses, DrPH
- Jonathan Rutchik, MD, MPH, FACOEM
- Marc Schenker, MD, MPH
- Amy Shannon

- Ryan Sinclair, PhD
- Gina Solomon, MD, MPH
- Jules Steimnitz, MD
- James Van den Bogaerde, MD
- Monique van der Stroom
- Amanda Waltemath, MPH, PharmD
- Steve Wiesner, MD
- Eric Wood, MD, MPH
- Shanta Zimmer, MD

#### **PLANNING COMMITTEE**

- Bernyce M. Peplowski, DO, MS, FACOEM
- Dan R. Azar, MD, MPH, FACOEM
- Madelynn Azar-Cavanagh, MD, MPH, FACOEM
- Rosalie E. Banasiak, MD
- Sheri R. Belafsky, MD, MS
- Douglas Benner, MD, MPH, FACOEM
- Anthony Biascan, MD, MSC, FACOEM
- Catherine Boomus, MD, MPH
- Rupali Das, MD, MPH, FACOEM
- Amanpreet Dhillon, MD, MS, FACOEM

- Derek Gagnon, MD
- T. Warner Hudson, III, MD, FAAFP, FACOEM
- Pamela Hymel, MD, MPH, FACOEM
- Leslie M. Israel, DO, MPH, FACOEM
- Paul Kim, MD, MPH
- Scott A. Krasner, MD, MPH, FACOEM
- Paula Lenny, MD, MPH, FACOEM
- Yi Krystal Lin, MD, MSPH
- David W. McKinney, MD, MPH, AME/QME, FACOEM
- Chang Na, MD, MPH

- Walter S. Newman, Jr., MD
- Robert R. Orford, MD, MS, MPH, FACOEM
- Robert J. Pandya, MD, MPH, FACP, FACOEM, CIME, FIAIME
- Heidi K. Roeber-Rice, MD, MPH
- Jill A. Rosenthal, MD, MPH, MA, FACOEM
- Troy W. Ross, MD, MPH
- Akbar Sharip, MD, MPH, FACOEM, QME
- Erik J. Won, DO, MPH, MBA, FACOEM
- Hong Zhang, MD, MPH, MS, FACOEM

# POST-GRADUATE SESSIONS THURSDAY, SEPTEMBER 14

#### **MORNING**

7:00 am - 11:30 am

AMA Disability Text: Real World Examples & Case Discussions of Disability, Impairment, & Return to Work (PG-1)

Stephen Frangos, MD; Mark Hyman, MD; Steve Wiesner, MD

Many sources provide mixed messages to injured workers as to what is best for them. Do you know the spectrum of problems one might create as a clinician when we place patients off work? Learn the principles and practical pearls in "AMA Guides to Evaluation of a Work Ability and RTW." Lock in the learning by group discussion of case presentations. Participants will also be provided with tools for managing difficult conversations.

#### 7:00 am - 11:30 am

Power Ortho - Everything You Ever Wanted to Know About Orthopedics but Were Afraid to Ask (PG-2)

Christopher Rayne MD: Keyin Burnham MD: James Van den

Christopher Bayne, MD; Kevin Burnham, MD; James Van den Bogaerde, MD

Rub elbows with a joint surgeon, know your knee, and get a handle on your hand exam. Get up-to-date, and up close and personal with the pros as they demonstrate physical exam techniques and provide multi-diagnostic and treatment pearls ranging from ortho injections, advanced imaging, management of degenerative joint disease in a WC setting, and the latest evidence and low-down on some of the newer regenerative sports med treatments. Plus - red flags and what not to miss.

#### **EVENING**

5:15 pm - 8:15 pm

How to Excel as an Independent Medical Evaluator: Secrets to Success (PG-3)

Chris Brigham, MD; Lorne Direnfeld, MD; Steve Feinberg, MD

Learn "secrets" and best practices for having a successful and independent medical evaluation (IME) practice - whether this is part of your existing practice or your new focus. To be successful you need to be: 1) an excellent clinician, 2) understand IME issues (i.e., assessment of causation, apportionment, impairment, and work-ability), and 3) know how to develop, grow, and sustain a successful IME practice - one that you enjoy and is profitable. In this unique workshop, you will learn from the experiences of others who have achieved success - including what works and, equally important, what does not. The format is a lively discussion, focusing on important questions that you need to know the answers to. Questions such as how do I: 1) consider performing independent medical evaluations? 2) Start and run a successful IME practice, one that I enjoy and is profitable? 3) Attract quality clients? 4) Work with IME companies? 5) Enhance my reputation? 6) Be efficient in performing evaluations that result in thorough and persuasive reports? 7) Deal with difficult ethical issues? 8) Know the most common mistakes and avoid them? 9) Minimize any risks? If you perform IMEs or are considering doing this work, you will want to actively participate in this outstanding workshop — you have so much to gain. All of your questions will be answered.

# **SCHEDULE AT A GLANCE**

## THURSDAY, SEPTEMBER 14, 2017 POST-GRADUATE SESSIONS, PLENARY SESSIONS & EVENTS

7:00 am - 11:30 am	AMA Disability Text: Real World Examples & Case Discussions of Disability, Impairment, & Return to Work* (PG-1) Stephen Frangos, MD; Mark Hyman, MD; Steve Wiesner, MD	2:00 pm - 4:00 pm 3:00 pm - 4:00 pm 4:00 pm - 5:00 pm 5:15 pm - 8:15 pm	Vendor Showcase Residents' Networking Reception Welcome Reception with Exhibitors How to Excel as an Independent Medical Evaluator: Secrets to Success* (PG-3) Chris Brigham, MD; Lorne Direnfeld, MD; Steve Feinberg, MD CA Formulary Dialogue (Plenary) Robert Goldberg, MD; Ray Meister, MD		
7:00 am - 11:30 am	Power Ortho — Everything You Ever Wanted to Know About Orthopedics but Were Afraid to Ask* (PG-2) Christopher Bayne, MD; Kevin Burnham, MD; James Van den Bogaerde, MD	5:15 pm - 6:30 pm			
11:30 am - 12:00 pm	Break with Exhibitors	6:30 pm - 6:45 pm	Break		
12:00 pm - 3:00 pm	Workshop: Nurturing Vitality From the Fast Lane (Plenary) Barbara Hernandez, PhD	6:45 pm - 8:00 pm	Demonstration & Participation of Clinical Neurological Examination — Pearls & Pathology (Plenary) Jonathan Rutchik, MD; Mark Gibson, MD		
12:00 pm - 2:00 pm	Case Studies in Neurology — 6 Fast Paced and Info Packed Case Vignettes for the PTP (Plenary)		Sonathan Hotelini, MD, Mark Gibson, MD		

# Jonathan Rutchik, MD; Lorne Direnfeld, MD FRIDAY, SEPTEMBER 15, 2017 PLENARY SESSIONS & EVENTS

6:00 am - 7:00 am 7:00 am - 7:10 am	Continental Breakfast with Exhibitors Chair's Welcome Bernyce Peplowski, DO, Conference Chair	12:30 pm - 1:00 pm 1:00 pm - 1:45 pm	Break with Exhibitors  Maintaining a Healthy & Safe Workforce Across Complex Work Settings
7:10 am - 8:00 am	Keynote: The Sugarcane Era in Hawaii: From Plantation Doc to the Recent Demise of the Industry Charles Kelley, MD	1:45 pm - 2:30 pm 2:30 pm - 5:00 pm	Scott Levy, MD; Amy Shannon  Corporate Wellness: Making Man Whole Olivia Moses, DrPH  Vendor Showcase
8:00 am - 10:00 am	Power Pharma: The Essentials of Pharmacotherapy 2017 Robert Goldberg, MD; Jeanette Connelly, PharmD; Britten Featherston, PharmD; Amanda Waltemath, MPH, PharmD	4:30 pm - 5:00 pm 5:00 pm - 6:00 pm	Maintaining Board Certification in Occupational Medicine Eric Wood, MD Networking Reception & WOEMA Business Meeting
	Break with Exhibitors Writing a Winning Report: Step by Step Guide to Excellence Chris Brigham, MD; Lorne Direnfeld, MD; Steve Feinberg, MD	6:00 pm – 9:00 pm	WOEMA Signature Event* — Tastes of Polynesia

## **SATURDAY, SEPTEMBER 16, 2017** PLENARY SESSIONS & EVENTS

6:00 am - 7:00 am 7:00 am - 7:10 am 7:10 am - 7:20 am	Continental Breakfast with Exhibitors WOEMA President's Welcome Robert Blink, MD, WOEMA President 2017 Key to Resilience in One Word Barbara Hernandez, PhD	11:30 am - 12:15 pm	Myofascial Pain Syndrome — Treating Chronic Muscle Pain & Preventing Useless Surgeries Constantine Gean, MD; Steve Levit, MD; Jules Steimnitz, MD		
7:20 am - 8:15 am	Keynote: Got Bias?, Of Course We Do; Now What? Shanta Zimmer, MD	12:15 pm – 1:00 pm	Understanding Functional Restoration Programs: the Good, the Bad, & the Ugly Steve Feinberg, MD; Constantine Gean, MD		
8:15 am - 9:45 am	Changing World, Changing Practice: Challenges & Opportunities in Environmental Health Sarah Janssen, MD; Gina Solomon, MD	1:00 pm – 1:15 pm	Closing Remarks Bernyce Peplowski, DO, Conference Chair; Robert Blink, MD, WOEMA President 2017; Sachin Kapoor, DO, WOEMA President 2018		
9:45 am - 10:15 am	Break with Exhibitors	1:15 pm - 5:00 pm	Open Afternoon Activities		
10:15 am - 11:30 am	An OEM Perspective on Health & Safety in Agriculture: Farmers & Farmworkers Marc Schenker, MD; Ryan Sinclair, PhD; Monique van der Stroom	1:15 pm - 3:00 pm	Women's Luncheon* — I am Woman, Should I Roar?: The Linguistics of Leadership		
		8:30 pm - 9:30 pm	After-Glow Reception		

\* Requires additional registration

# **NETWORKING OPPORTUNITIES & SPECIAL EVENTS**

#### **WEDNESDAY, SEPTEMBER 13**

5:00 pm - 7:00 pm

#### **Aloha Hospitality Suite**

After you unpack and get ready to make your way down to the beach for a dip in the ocean, stop by our WOHC Hospitality Suite to enjoy an island cocktail while meeting other conference attendees

#### **THURSDAY, SEPTEMBER 14**

4:00 pm - 5:00 pm

#### **Welcome Reception**

All conference delegates and their guests are warmly invited to attend the opening reception, our official kick-off to the conference. In addition to getting acquainted with conference attendees, you'll meet our exhibitors who bring forward their latest products/services and provide a gateway to new ideas and opportunities.

#### **FRIDAY, SEPTEMBER 15**



## 6:00 pm - 9:00 pm

#### WOEMA Signature Event - Tastes of Polynesia

WOEMA invites you to join us for our Signature Event, Tastes of Polynesia. You'll enjoy a fresh farm-to-table meal, sourced from local Hawaiian producers, have an opportunity to taste local liquors, learn how to make a lei and meet with local crafters to

learn about the local traditions of Hawaii and the Pacific Islands, all while enjoying local music and a gorgeous 180-degree view of the Pacific. Let us show you the way of Aloha! (Advanced-ticket purchase required. See registration form for details.)

#### **SATURDAY, SEPTEMBER 16**

1:15 pm - 3:00 pm

# Women's Luncheon — I am Woman, Should I Roar?: The Linguistics of Leadership

Join us for WOEMA's first-ever luncheon devoted to our Wahine members. Relax and mingle at our poolside setting, and then enjoy a guided conversation with Dr. Barbara Hernandez, Director of Physician Vitality at Loma Linda University. Explore how women's use of language and communication impacts our daily work in medicine. (Advanced-ticket purchase required. See registration form for details.)

#### 8:30 pm - 9:30 pm

#### **After-Glow Reception**

Enjoy an after-dinner digestif or coffee, a divine selection of desserts, and mingling with friends and colleagues around the fire pit to say "a hui hou" (good-bye until we meet again).



# **CONTINUING MEDICAL EDUCATION**

WOEMA is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. WOEMA takes responsibility for the content, quality and scientific integrity of this CME activity.

WOMEA designates this live educational activity for a maximum of 22 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians (AAFP). Determination of credit is pending.

ABPM: The American Board of Preventive Medicine (ABPM) has approved this activity for a maximum of 22 LLSA credits towards ABPM MOC Part II requirements.

**AOA:** This conference is eligible for Category 2-A credit from the American Osteopathic Association.

QME Credit: WOHC is accredited by the Administrative Director of The California Division of Workers' Compensation for Qualified Medical Evaluator continuing education. Provider Number. 340

**Nurses:** Provider approved by the California Board of Registered Nursing, Provider #CEP16438 for 22 Contact Hours.

The American Board of Occupational Health Nurses (ABOHN), American Nurses Credentialing Center (ANCC), American Academy of Nurse Practitioners (AANP), and American Academy of Physician Assistants (AAPA) accept certificates of participation for educational activities certified for *AMA PRA Category 1 Credit* ™ from organizations accredited by the ACCME or a recognized state medical society. Please check directly with your own licensing and/or certification agency for eligibility of these credits.

## **EDUCATIONAL OBJECTIVES**

After attending WOHC 2017, participants will be able to:

- Order the most appropriate evidence-based imaging studies to evaluate orthopedic injuries, saving time on diagnosis and resources
- Improve proficiency at diagnosing neurologic disorders (neuropathic pain involving upper/low back pain)
- Achieve a higher level of knowledge and awareness of medication side effects, risks, and misuse
- Describe current report standards for independent medical evaluations and final reports
- Describe the essentials for an accurate impairment assessment

- Define unconscious bias and microaggressions
- Identify common and serious work hazards of agricultural workers as well as the obstacles to agricultural workers accessing healthcare
- Improve selection of FRP programs by recognizing features that predict better functional outcomes
- Recognize and overcome the obstacles and challenges in promoting employee wellness
- Implement interventions to enhance resilience based upon stress manifestations

## **GENERAL INFO**

#### **HOTEL INFORMATION**

#### **WAILEA MARRIOTT, MAUI, HI**

Address: 3700 Wailea Alanui Drive, Wailea, HI 96753

Reservations: If you are interested in staying at the host hotel, please contact the Wailea Marriott directly at: 808-879-1922 to make a room reservation. Be sure to mention that you are with WOEMA to receive the special discounted room rates starting at \$269+tax/resort fee per night. Book your reservation early as we do expect to sell out the room block.

Reservation Deadline: The cut-off date for room reservations is August 11, 2017 or until the room block is full. After the cut-off date, it is at the hotel's discretion whether to honor the discounted group rate. When making reservations, a deposit equal to one night's stay will be required. It is refundable if the reservation is cancelled with at least 72 hours prior notice.

#### TRAVEL INFORMATION

Attendees traveling to WOHC 2017 can fly into Kahului Airport (OGG) airport approximately 15.6 miles from the hotel. Attendees can take a taxi or van shuttle for approximately \$60 (one way). Visit the WOHC 2017 conference webpages for additional travel & ground transportation details at www.woema.org.

#### **REGISTRATION FEES**

ACOEM/WOEMA members register for the discounted member registration fee of \$775 per person. Fee includes: 3-day Plenary Sessions, Aloha Hospitality Suite, Welcome Reception, Breakfast with Exhibitors (Friday & Saturday), and printed syllabus.

Separate registration fees apply for post-graduate sessions, guests, WOEMA Signature Event, and Women's Luncheon (Saturday).

## SAVE THE DATE!

**WOHC 2018** 

September 13 - 16, 2018 Parc Central Hotel, San Francisco, CA

# RESIDENT POSTER SESSIONS & SCHOLARSHIPS

WOEMA is inviting resident physicians to present posters on occupational and environmental medicine research or projects that have been conducted. A review panel will award first prize (\$250) and a second prize (\$125) to the top presenters.

A number of scholarships\* are available to residents. Those awarded scholarships will be requested to assist with speaker introductions and other activities to facilitate the conference. Please check www.woema.org or email woema@woema.org to request an application form.

\*Priority is given to WOEMA members.

#### **GUESTS**

Guests may attend when registered with conference registrants on the same registration form. A fee of \$100 per guest applies. Guests may attend continental breakfasts, breaks, Welcome Reception, and After-Glow Reception. Luncheons and special events are not included and require separate payment/registration.

# EXHIBIT AND SPONSORSHIP OPPORTUNITIES

To reserve an exhibit space, go to www.woema.org and complete the online exhibitor registration form. Exhibit spaces are available for \$2,000 each and include exhibitor registration for two representatives. Additional representatives can be registered at a fee of \$750 each, and all representatives MUST be registered in order to staff your exhibit. There is \$50 booth late fee after July 31st.

#### **BECOME A WOEMA MEMBER**

The American College of Occupational and Environmental Medicine (ACOEM) is the premier association of occupational and environmental medicine (OEM) physicians and other OEM health professionals in the world. Physicians in California, Nevada, Arizona, Utah and Hawaii join the WOEMA component through application to ACOEM. For more information or to join WOEMA visit www.acoem.org or www.woema.org.

# WESTERN OCCUPATIONAL HEALTH CONFERENCE

# **Registration Form**

September 13-16, 2017 Wailea Beach Marriott, Maui

Name/Degree								
Affiliation/Company								
Address/City/State/Zip								
Phone	Cell		Email					
Spouse/Guest Name (if applicable)	( <b>\$100</b> gı	uest fee)						
POST-GRADUATE SESSION	IS /TUILDS	DAY CEDTEMBED (4)	ACOEM/ WOEMA Member	Non-Member Physician	RN/PA, Other Health Professional	Retired ACOEM/ WOEMA Member	Residents/ Students	
AMA Disability Text		7:00 am - 11:30 am	□ \$200	□ \$250	<b>□</b> \$150	<b>□</b> \$100	□ \$100	
Power Ortho	, ,	7:00 am - 11:30 am	\$200	<b>□</b> \$250	□ \$150	\$100	□ \$100	
How to Excel as an Independent Medical Evaluator	` ,		□ \$200	□ \$250	□ \$150	\$100	\$100	
PLENARY ONLY (THURSDAY, SEPTEMBER 14 - SATURDAY, SEPTEMBER 16)  Three-Day Plenary Registration  Guest (attending with a full-conference registrant)				□ \$895	<b>□</b> \$525	□ \$400	□ \$350	
		,					\$	
SPECIAL EVENTS  Friday, September 15  Saturday, September 16  Signature Event (\$95 per person)# tickets  Women's Luncheon (\$60 per person)# tickets  \$								
\$TOTAL REGISTRATION FEES Late fee: add \$50 to all registrations postmarked/received after July 31, 2017.  THREE WAYS TO REGISTER:  1. On-Line: www.woema.org (Visa/MC/AMEX)  2. By FAX: 415-764-4915 (Visa/MC/AMEX)								
METHOD OF PAYMENT:				3. By Mail: WOEMA, 575 Market Street, Suite 2125, San Francisco, CA 94105 (Check/Visa/MC/AMEX)				
□ Check □ Visa □ Mastercard □ AMEX			3					
Card #: Exp. Date:  Cardholder Name (PLEASE PRINT CLEARLY)			Ca 20 W Ai ac re	Cancellation notification must be made in writing by August 11, 2017. If you wish to cancel your registration, please email us at woema@woema.org. If your cancellation request is received by August 11, 2017, your payment will be refunded less a \$75.00 administrative fee. Refunds will not be issued for cancellation requests received after August 11, 2017. Substitute attendees				
Billing Address Associated With Card  Checks should be made payable to "WOHC" and made in U.S. dollars, drawn on U.S. banks			is	are permitted; please notify WOEMA as soon as a substitution is required.				

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It is very important to us that you enjoy WOHC 2017. If due to a disability, you have special needs or requirements, please call 415-764-4918 and we will do our best to accommodate your needs.

Post-Graduate Sessions and Worksite Tours are subject to a minimum and maximum attendance. If the requirements are not met, WOEMA reserves the right to cancel or, if a sell-out occurs, WOEMA reserves the right to limit attendance where necessary. No refunds after August 1, 2017.

Western Occupational & Environmental Medical Association (WOEMA)

575 Market Street, Suite 2125 San Francisco, CA 94105

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